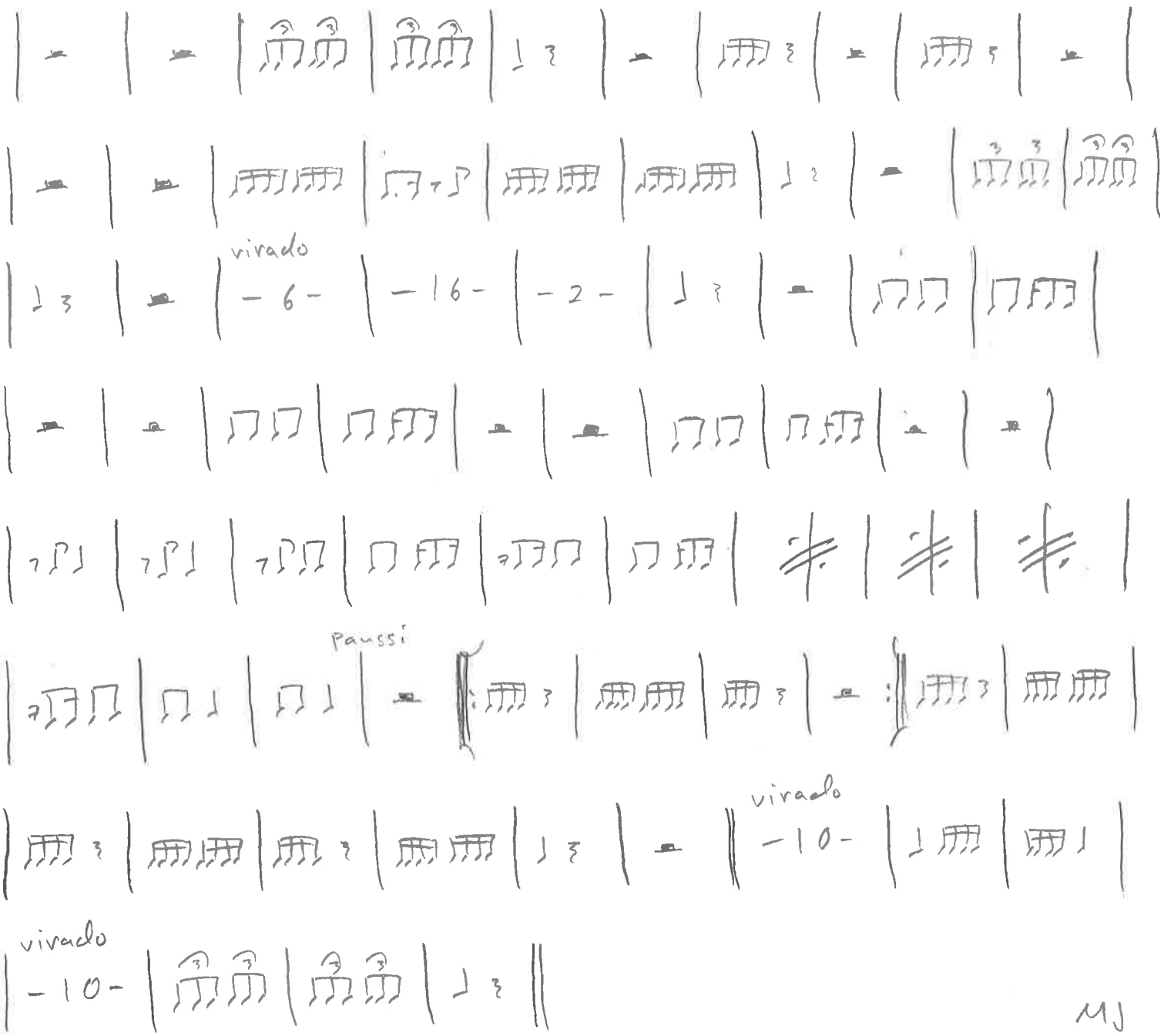Portela na Avenida